**Meals On Wheels**

Information from Annette Beam:

**Program Overseer:** Blue Ridge Community Action

**Funding:** Area Agency on Aging

**Eligibility:** Persons over 60 years of age

unable to prepare meals for self

do not have anyone who can prepare meals for him/her

(home assessment done to verify need)

**How it Works:**

7 Routes in Caldwell County

Pick-up sites – Gamewell, Martin Luther King Center, Hudson Town Offices,

Granite Falls Recreation Center

Food delivered from Grace Hospital, placed in warming cabinets

Volunteers pick up food, put in warm/cold bag and delivers to those on route.

Delivery takes approximately 1.5 hours. Returns bag to distribution site.

Individuals may volunteer for as many days/week as desired.

**Needs:**

Money – have many on waiting list

Local money must be provided for Blue Ridge to provide their money

(Burke County is opting out because of costs, Caldwell is considering it)

Donations can be made to Blue Ridge Community Action – Home Deliver

Drivers always needed to deliver meals, but need money first.

Presently delivering 68 meals per day.

**Contacts:**

Blue Ridge Community Action

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Morganton, NC 28655

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